## QUICK REFERENCE (2021 03 25)

## DESIGNATED SUPPORT PERSONS (DSP) AND VISITORS

	ALERT LEVELS IN A ZONE OR FACILITY			
SECTIONS	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release
		DESIGNATED SUPPO	ORT PERSONS (DSP)	
Patient suspected or confirmed COVID +	No DSP	No DSP	No DSP	No DSP
Palliative care/End of life (including end-of-life patients hospitalized in a unit other than palliative care)	<u>1 DSP at a time</u> * (unless support is required) from a list of 3 designated persons. Once the patient's PPS decreases to <u>20% or less, 2 DSPs</u> can be present at a time and the 2 can alternate. * Patient should have a Palliative Performance Score of 60% or less. The patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home. NB: The list of the 3 designated persons must be provided to the facility in advance.	<u>1 DSP at a time</u> * (unless support is required) from a list of 10 designated persons. Also, one additional visitor (pastoral/spiritual care), is allowed to provide comfort to the patient/family. Once the patient's PPS decreases to <u>20% or less, 2 DSPs</u> can be present at a time and the 2 can alternate. * Patient should have a Palliative Performance Score of 60% or less. The patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home. NB: The list of the 10 designated persons must be provided to the facility in advance. Link Provincial Memo	<ul> <li><u>1 DSP at a time</u>* (unless support is required) from a list of 10 designated persons.</li> <li>Also, one additional visitor (pastoral/spiritual care), is allowed to provide comfort to the patient/family.</li> <li>Once the patient's PPS decreases to <u>20% or less</u>, <u>2</u> <u>DSPs</u> can be present at a time and the 2 can alternate.</li> <li>* Patient should have a Palliative Performance Score of 60% or less. The patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home.</li> <li>NB: The list of the 10 designated persons must be provided to the facility in advance.</li> <li><u>Link Provincial Memo</u></li> </ul>	<ul> <li><u>1 DSP at a time</u>* (unless support is required) from a list of 10 designated persons.</li> <li>Also, one additional visitor (pastoral/spiritual care), is allowed to provide comfort to the patient/family.</li> <li>Once the patient's PPS decreases to <u>20% or less</u>, <u>2 DSPs</u> can be present at a time and the 2 can alternate.</li> <li>* Patient should have a Palliative Performance Score of 60% or less. The patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home.</li> <li>NB: The list of the 10 designated persons must be provided to the facility in advance.</li> <li>Link Provincial Memo</li> </ul>

	ALERT LEVELS IN A ZONE OR FACILITY			
SECTIONS	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release
Medical assistance in dying	<u>1 DSP at a time</u> from a list of 3 people in the pre-procedure phase. <u>2 DSP at a time</u> during the procedure. NB: The list of the 3 designated persons must be provided to the facility in advance. <u>Link Provincial Memo</u>	<u>1 DSP at a time</u> from a list of 10 people in the pre-procedure phase. A maximum of five people can be present during the procedure, including the individual receiving MAID, health-care providers, a <u>maximum of 2 DSP</u> and clergy (one member if requested). NB: The list of the 10 designated visitors must be provided to the facility in advance. <u>Link Provincial Memo</u>	<u>1 DSP at a time</u> from a list of 10 people in the pre- procedure phase. A maximum of five people can be present during the procedure, including the individual receiving MAID, health-care providers, a <u>maximum of 2 DSP</u> and clergy (one member if requested). NB: The list of the 10 designated visitors must be provided to the facility in advance. Link Provincial Memo	<u>1 DSP at a time</u> from a list of 10 people in the pre-procedure phase. A maximum of five people can be present during the procedure, including the individual receiving MAID, health-care providers, a <u>maximum of 2 DSP</u> and clergy (one member if requested). NB: The list of the 10 designated visitors must be provided to the facility in advance. Link Provincial Memo
Intensive / Critical care (including critically ill patients hospitalized in a unit other than the intensive care unit and whose physician considers their life to be threatened – ex. Post- op, oncology, trauma)	1 DSP	Up to 2 DSPs, one present a time	Up to 2 DSPs, one present a time	Up to 2 DSPs, one present a time
Obstetrics (Labor/Delivery)	1 DSP If the person accompanying the obstetrics patient comes from / arrives from outside the province, they can attend the delivery if they are asymptomatic and if, according to the assessment of the attending physician, the risk factors are low (e.g. epidemiology of the region they arrived from, type of work, etc.). The person should	1 DSP If the person accompanying the obstetrics patient comes from / arrives from outside the province, they can attend the delivery if they are asymptomatic and if, according to the assessment of the attending physician, the risk factors are low (e.g. epidemiology of the region they arrived from, type of work, etc.). The person should	1 DSP If the person accompanying the obstetrics patient comes from / arrives from outside the province, they can attend the delivery if they are asymptomatic and if, according to the assessment of the attending physician, the risk factors are low (e.g. epidemiology of the region they arrived from, type of work, etc.). The person should	Up to 2 DSPs, 2 present at a time – if the 2 <sup>nd</sup> person is the Doula and if physical space permits. If the person accompanying the obstetrics patient comes from / arrives from outside the province, they can attend the delivery if they are asymptomatic and if, according to the assessment of the attending physician, the risk factors are low (e.g. epidemiology of the region they arrived from, type of work,

	ALERT LEVELS IN A ZONE OR FACILITY			
SECTIONS	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release
	perform hand hygiene at the entrance, wear a medical mask and go directly to the delivery room with an escort. The patient and the accompanying person must be placed in isolation (droplet/contact) for the duration of the stay (or a maximum of 14 days). The accompanying person must wear a mask at all times and stay in the room and not circulate in the hospital.	perform hand hygiene at the entrance, wear a medical mask and go directly to the delivery room with an escort. The patient and the accompanying person must be placed in isolation (droplet/contact) for the duration of the stay (or a maximum of 14 days). The accompanying person must wear a mask at all times and stay in the room and not circulate in the hospital.	perform hand hygiene at the entrance, wear a medical mask and go directly to the delivery room with an escort. The patient and the accompanying person must be placed in isolation (droplet/contact) for the duration of the stay (or a maximum of 14 days). The accompanying person must wear a mask at all times and stay in the room and not	etc.). The person should perform hand hygiene at the entrance, wear a medical mask and go directly to the delivery room with an escort. The patient and the accompanying person must be placed in isolation (droplet/contact) for the duration of the stay (or a maximum of 14 days). The accompanying person must wear a mask at all times and stay in the room and not
Post partum	1 DSP	1 DSP	circulate in the hospital. Up to 2 DSPs, one present a time	circulate in the hospital. Up to 2 DSPs, one present a time
Neonatal	Up to 2 DSPs, 2 present at a time – when physical space permits	Up to 2 DSPs, 2 present at a time – when physical space permits	Up to 2 DSPs, 2 present at a time – when physical space permits	Up to 2 DSPs, 2 present at a time – when physical space permits
Pediatrics / pediatric psychiatry	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 2 present at a time – when physical space permits
Hospitalized patients 14 days or more	DSP not permitted	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time
Patients with intellectual/communicati on disabilities (e.g. cognitive impairment leading to agitation and inability to comfort, communication impairment that affects care)	1 DSP	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time
Support for emergency and ambulatory services	<b>ONE SUPPORT PERSON</b> is permitted only in exceptional situations if the patient requires essential assistance (for ex.: intellectual impairment, minor).	<b>ONE SUPPORT PERSON</b> is permitted only in exceptional situations if the patient requires essential assistance (for ex.: intellectual impairment, minor).	ONE support person permitted ONLY for patients requiring physical or emotional support or assistance with decision making or communication.	<b>ONE support person</b> permitted <b>ONLY</b> for patients requiring physical or emotional support or assistance with decision making or communication.

	ALERT LEVELS IN A ZONE OR FACILITY			
SECTIONS	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release
			<b>Only ONE</b> support person is permitted for pediatric patients (parent or caregiver). Pregnant women who have an ultrasound exam may have ONE person to accompany them.	<b>Only ONE</b> support person is permitted for pediatric patients (parent or caregiver). Pregnant women who have an appointment at the obstetric clinic or an ultrasound exam may have ONE person to accompany them.
DSPs from outside the	The DSP must apply for an	The DSP must apply for an	The DSP must apply for an	The DSP must apply for an
province or from a hot zone for patients in	exemption to cross the inter- provincial border for	exemption to cross the inter- provincial border for	exemption to cross the inter- provincial border for	exemption to cross the inter- provincial border for
palliative or critical care	compassionate (1-800-863-	compassionate (1-800-863-	compassionate (1-800-863-	compassionate (1-800-863-
	6582). (Link to provincial memo)	6582). (Link to provincial memo)	6582). (Link to provincial	6582). (Link to provincial memo)
	Once approved to enter NB, the	Once approved to enter NB, the	<u>memo</u> )	Once approved to enter NB, the
	DSP must self-isolate for 14	DSP must self-isolate for 14	Once approved to enter NB,	DSP must self-isolate for 14
	days before visiting. If possible.	days before visiting. If possible.	the DSP must self-isolate for	days before visiting. If possible.
	If the patient is expected to die	If the patient is expected to die	14 days before visiting. If	If the patient is expected to die
	within 7-14 days, the DSP will	within 7-14 days, the DSP will	possible.	within 7-14 days, the DSP will
	be permitted to self-isolate for a	be permitted to self-isolate for a	If the patient is expected to	be permitted to self-isolate for a
	minimum of 5 days and then be	minimum of 5 days and then be	die within 7-14 days, the DSP	minimum of 5 days and then be
	tested for COVID. The COVID	tested for COVID. The COVID	will be permitted to self-	tested for COVID. The COVID
	test is coordinated by the physician and the healthcare	test is coordinated by the	isolate for a minimum of 5	test is coordinated by the
	team. If the day 5 test is	physician and the healthcare team. If the day 5 test is	days and then be tested for COVID. The COVID test is	physician and the healthcare team. If the day 5 test is
	negative, the DSP is allowed to	negative, the DSP is allowed to	coordinated by the physician	negative, the DSP is allowed to
	visit provided they agree only to	visit provided they agree only to	and the healthcare team. If	visit provided they agree only to
	go to and from the place where	go to and from the place where	the day 5 test is negative, the	go to and from the place where
	they will self-isolate and the	they will self-isolate and the	DSP is allowed to visit	they will self-isolate and the
	patient's room. The visits can	patient's room. The visits can	provided they agree only to go	patient's room. The visits can
	continue after the day 5	continue after the day 5	to and from the place where	continue after the day 5
	negative test and if they do	negative test and if they do	they will self-isolate and the	negative test and if they do
	continue the DSP must have a	continue the DSP must have a	patient's room. The visits can	continue the DSP must have a
	COVID test at day 10 and	COVID test at day 10 and	continue after the day 5	COVID test at day 10 and
	provide the result.	provide the result.	negative test and if they do	provide the result.
	If the patient's death is	If the patient's death is	continue the DSP must have a	If the patient's death is
	imminent (within 5 days), the	imminent (within 5 days), the	COVID test at day 10 and	imminent (within 5 days), the
	attending physician shall	attending physician shall consult	provide the result.	attending physician shall consult

	ALERT LEVELS IN A ZONE OR FACILITY			
SECTIONS	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release
	consult with the microbiologist	with the microbiologist for a	If the patient's death is	with the microbiologist for a
	for a rapid test. The DSP will be	rapid test. The DSP will be	imminent (within 5 days), the	rapid test. The DSP will be
	permitted one visit in the 24	permitted one visit in the 24	attending physician shall	permitted one visit in the 24
	hours from the time a negative	hours from the time a negative	consult with the	hours from the time a negative
	test result was obtained. The	test result was obtained. The	microbiologist for a rapid test.	test result was obtained. The
	DSP will not be permitted to	DSP will not be permitted to	The DSP will be permitted one	DSP will not be permitted to
	visit again before their negative	visit again before their negative	visit in the 24 hours from the	visit again before their negative
	day 5 test.	day 5 test.	time a negative test result was	day 5 test.
	The DSP must be escorted from	The DSP must be escorted from	obtained. The DSP will not be	The DSP must be escorted from
	the entrance and go directly to	the entrance and go directly to	permitted to visit again before	the entrance and go directly to
	the patient's room. They must	the patient's room. They must	their negative day 5 test.	the patient's room. They must
	do hand hygiene on entry to the	do hand hygiene on entry to the	The DSP must be escorted	do hand hygiene on entry to the
	facility and wear a mask.	facility and wear a mask.	from the entrance and go	facility and wear a mask.
	PPE (droplet/contact) must be	PPE (droplet/contact) must be	directly to the patient's room.	PPE (droplet/contact) must be
	donned by the DSP just prior to	donned by the DSP just prior to	They must do hand hygiene on	donned by the DSP just prior to
	entering the patient room and	entering the patient room and	entry to the facility and wear a	entering the patient room and
	must be worn continuously	must be worn continuously	mask.	must be worn continuously
	during their visit. After the visit,	during their visit. After the visit,	PPE (droplet/contact) must be	during their visit. After the visit,
	the DSP must remove PPE,	the DSP must remove PPE,	donned by the DSP just prior	the DSP must remove PPE,
	perform hand hygiene, put on a	perform hand hygiene, put on a	to entering the patient room	perform hand hygiene, put on a
	new mask, perform hand	new mask, perform hand	and must be worn	new mask, perform hand
	hygiene again and be escorted	hygiene again and be escorted	continuously during their visit.	hygiene again and be escorted
	by a staff member to the exit.	by a staff member to the exit.	After the visit, the DSP must	by a staff member to the exit.
	The staff member must wear	The staff member must wear	remove PPE, perform hand	The staff member must wear
	PPE (contact / droplet) when	PPE (contact / droplet) when	hygiene, put on a new mask,	PPE (contact / droplet) when
	escorting the DSP to the unit	escorting the DSP to the unit	perform hand hygiene again	escorting the DSP to the unit
	and back to the exit at the end	and back to the exit at the end	and be escorted by a staff	and back to the exit at the end
	of the visit. PPE worn by staff	of the visit. PPE worn by staff	member to the exit. The staff	of the visit. PPE worn by staff
	must be removed at the exit	must be removed at the exit	member must wear PPE	must be removed at the exit
	prior returning to the unit.	prior returning to the unit.	(contact / droplet) when	prior returning to the unit.
	Patient must be isolated	Patient must be isolated	escorting the DSP to the unit	Patient must be isolated
	(droplet/ contact) for 14 days	(droplet/ contact) for 14 days	and back to the exit at the end	(droplet/ contact) for 14 days
	even if the visitor's test results	even if the visitor's test results	of the visit. PPE worn by staff	even if the visitor's test results
	(days 5 and 10) are negative. No	(days 5 and 10) are negative. No	must be removed at the exit	(days 5 and 10) are negative. No
	other visitor should be present	other visitor should be present	prior returning to the unit.	other visitor should be present
	at the same time as the DSP	at the same time as the DSP	Patient must be isolated (droplet/ contact) for 14 days	at the same time as the DSP

	ALERT LEVELS IN A ZONE OR FACILITY				
SECTIONS	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release	
	from outside the province or a hot zone. No visits allowed for suspected or COVID positive patients.	from outside the province or a hot zone. No visits allowed for suspected or COVID positive patients.	even if the visitor's test results (days 5 and 10) are negative. No other visitor should be present at the same time as the DSP from outside the province or a hot zone. <b>No visits allowed for suspected</b> <b>or COVID positive patients.</b>	from outside the province or a hot zone. No visits allowed for suspected or COVID positive patients.	
NON COVID patients * on the designated COVID unit *Patient from one of the patient groups that can have a DSP	DSP not permitted	Depending on the number of COVID positive patients on the unit (if 1 to 2 patients) and the situation on the unit (case-by- case assessment): 1 DSP only for the patient groups targeted above. The DSP must perform hand hygiene at the entrance to the hospital and wear a mask. They must go to the nursing station and get directions before going to the room (go only to the NON COVID patient's room, keep physical distance and perform hand hygiene when leaving the unit). No visits permitted for patients suspected or confirmed COVID+.	Depending on the number of COVID positive patients on the unit (if 1 to 2 patients) and the situation on the unit (case-by- case assessment): 1 DSP only for the patient groups targeted above. The DSP must perform hand hygiene at the entrance to the hospital and wear a mask. They must go to the nursing station and get directions before going to the room (go only to the NON COVID patient's room, keep physical distance and perform hand hygiene when leaving the unit). No visits permitted for patients suspected or confirmed COVID+.	Depending on the number of COVID positive patients on the unit (if 1 to 2 patients) and the situation on the unit (case-by- case assessment): 1 DSP only for the patient groups targeted above. The DSP must perform hand hygiene at the entrance to the hospital and wear a mask. They must go to the nursing station and get directions before going to the room (go only to the NON COVID patient's room, keep physical distance and perform hand hygiene when leaving the unit). No visits permitted for patients suspected or confirmed COVID+.	
Visit to a patient who is transferred from a hot			1 DSP only for the patient groups targeted above that	1 DSP only for the patient groups targeted above that can have a DSP if the patient has no	
zone (red orange) to a cold zone (orange/yellow)			can have a DSP, if the patient has no risk factors (e.g., has no symptoms, did not arrive from a facility in an outbreak, has not been in contact with a COVID+ case, has not been placed in isolation by Public	have a DSP, if the patient has no risk factors (e.g., has no symptoms, did not arrive from a facility in an outbreak, has not been in contact with a COVID+ case, has not been placed in isolation by Public Health).	

SECTIONS	ALERT LEVELS IN A ZONE OR FACILITY			
	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release
			Health). Patient is placed in preventative isolation and the DSP must perform hand hygiene and wear the mask as soon as they enter the facility and must wear PPE (droplet/contact) throughout the visit.	Patient is placed in preventative isolation and the DSP must perform hand hygiene and wear the mask as soon as they enter the facility and must wear PPE (droplet/contact) throughout the visit.
Self-monitoring	The DSP must perform a self- assessment at home before each visit and pass the screening questions at the main entrance.	The DSP must perform a self- assessment at home before each visit and pass the screening questions at the main entrance.	The DSP must perform a self- assessment at home before each visit and pass the screening questions at the main entrance.	The DSP must perform a self- assessment at home before each visit and pass the screening questions at the main entrance.
Masks	Must wear a <u>medical mask</u> at all times.	Must wear a <u>medical mask</u> at all times.	Must wear a <u>medical mask</u> at all times.	Must wear a <u>medical mask</u> at all times.
Exchange of clothing, personal effects and food	Not allowed, except through DSP. Object must not be shared between patients.	Not allowed, except through DSP. Object must not be shared between patients.	Allowed through the DSP or dropped off at the facility by a family member. Must be limited to essential items. The drop off must be coordinated with the unit. Items must come from a home where no occupants are in self-isolation and the items must be easily cleaned with a disinfectant wipe. Clothing should be freshly washed and placed in a plastic bag that can be cleaned. Objects must not be shared between patients.	Permitted but must come from a home where no occupants are in self-isolation. Must be cleaned with a disinfectant wipe. Objects must not be shared between patients.
Use of kitchenettes by DSP	Access to kitchenettes <u>only</u> <u>permitted</u> on palliative and pediatric units.	Access to kitchenettes <u>only</u> <u>permitted</u> on palliative and pediatric units.	Access to kitchenettes <u>only</u> <u>permitted</u> on palliative and pediatric units.	Access to kitchenettes <u>only</u> <u>permitted</u> on palliative and pediatric units.

	ALERT LEVELS IN A ZONE OR FACILITY			
SECTIONS	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release
		GENERAL VISITORS		
General visitors	Visits prohibited	Visits prohibited	Visits prohibited	<ul> <li>1 person permitted at a time during general visiting hours</li> <li>(either a visitor or a DSP).</li> <li>Patients admitted to the Emergency or under</li> <li>observation may have one visitor at a time during visiting hours. A support person may be present outside visiting hours, if the patient needs physical, emotional support or needs help with decision-making or communication.</li> <li>Must wear a medical mask at all times and maintain physical distancing.</li> </ul>
Children	Children are not allowed to visit, except when in the Yellow Phase. Children must be 12 years of age and older and be accompanied. For end-of-life/critical condition patients, requests for exceptions to this restriction must be reviewed and approved on a case-by-case basis. If visiting permission is granted, children must be accompanied and measures taken to ensure compliance with infection prevention and control requirements (hand hygiene, mask, etc.).			