

QUICK REFERENCE (2021 03 25)

DESIGNATED SUPPORT PERSONS (DSP) AND VISITORS

SECTIONS	ALERT LEVELS IN A ZONE OR FACILITY			
	LOCK DOWN	RED (hot zone) Full Containment	ORANGE (hot zone) Partial Release	YELLOW (cold zone) Further Release
	DESIGNATED SUPPORT PERSONS (DSP)			
Patient suspected or confirmed COVID +	No DSP	No DSP	No DSP	No DSP
Palliative care/End of life (including end-of-life patients hospitalized in a unit other than palliative care)	<p><u>1 DSP at a time</u>* (unless support is required) from a list of 3 designated persons.</p> <p>Once the patient's PPS decreases to <u>20% or less</u>, <u>2 DSPs</u> can be present at a time and the 2 can alternate.</p> <p>* Patient should have a Palliative Performance Score of 60% or less. The patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home.</p> <p>NB: The list of the 3 designated persons must be provided to the facility in advance.</p>	<p><u>1 DSP at a time</u>* (unless support is required) from a list of 10 designated persons.</p> <p>Also, one additional visitor (pastoral/spiritual care), is allowed to provide comfort to the patient/family.</p> <p>Once the patient's PPS decreases to <u>20% or less</u>, <u>2 DSPs</u> can be present at a time and the 2 can alternate.</p> <p>* Patient should have a Palliative Performance Score of 60% or less. The patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home.</p> <p>NB: The list of the 10 designated persons must be provided to the facility in advance.</p> <p>Link Provincial Memo</p>	<p><u>1 DSP at a time</u>* (unless support is required) from a list of 10 designated persons.</p> <p>Also, one additional visitor (pastoral/spiritual care), is allowed to provide comfort to the patient/family.</p> <p>Once the patient's PPS decreases to <u>20% or less</u>, <u>2 DSPs</u> can be present at a time and the 2 can alternate.</p> <p>* Patient should have a Palliative Performance Score of 60% or less. The patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home.</p> <p>NB: The list of the 10 designated persons must be provided to the facility in advance.</p> <p>Link Provincial Memo</p>	<p><u>1 DSP at a time</u>* (unless support is required) from a list of 10 designated persons.</p> <p>Also, one additional visitor (pastoral/spiritual care), is allowed to provide comfort to the patient/family.</p> <p>Once the patient's PPS decreases to <u>20% or less</u>, <u>2 DSPs</u> can be present at a time and the 2 can alternate.</p> <p>* Patient should have a Palliative Performance Score of 60% or less. The patient's time to death is within 3 months, based on a clinical prognostic, and the patient is not likely to be discharged home.</p> <p>NB: The list of the 10 designated persons must be provided to the facility in advance.</p> <p>Link Provincial Memo</p>

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Medical assistance in dying	<p>1 DSP at a time from a list of 3 people in the pre-procedure phase.</p> <p>2 DSP at a time during the procedure.</p> <p>NB: The list of the 3 designated persons must be provided to the facility in advance.</p> <p>Link Provincial Memo</p>	<p>1 DSP at a time from a list of 10 people in the pre-procedure phase.</p> <p>A maximum of five people can be present during the procedure, including the individual receiving MAID, health-care providers, a maximum of 2 DSP and clergy (one member if requested).</p> <p>NB: The list of the 10 designated visitors must be provided to the facility in advance.</p> <p>Link Provincial Memo</p>	<p>1 DSP at a time from a list of 10 people in the pre-procedure phase.</p> <p>A maximum of five people can be present during the procedure, including the individual receiving MAID, health-care providers, a maximum of 2 DSP and clergy (one member if requested).</p> <p>NB: The list of the 10 designated visitors must be provided to the facility in advance.</p> <p>Link Provincial Memo</p>	<p>1 DSP at a time from a list of 10 people in the pre-procedure phase.</p> <p>A maximum of five people can be present during the procedure, including the individual receiving MAID, health-care providers, a maximum of 2 DSP and clergy (one member if requested).</p> <p>NB: The list of the 10 designated visitors must be provided to the facility in advance.</p> <p>Link Provincial Memo</p>
Intensive / Critical care (including critically ill patients hospitalized in a unit other than the intensive care unit and whose physician considers their life to be threatened – ex. Post-op, oncology, trauma)	1 DSP	Up to 2 DSPs, one present a time	Up to 2 DSPs, one present a time	Up to 2 DSPs, one present a time
Obstetrics (Labor/Delivery)	<p>1 DSP</p> <p>If the person accompanying the obstetrics patient comes from / arrives from outside the province, they can attend the delivery if they are asymptomatic and if, according to the assessment of the attending physician, the risk factors are low (e.g. epidemiology of the region they arrived from, type of work, etc.). The person should</p>	<p>1 DSP</p> <p>If the person accompanying the obstetrics patient comes from / arrives from outside the province, they can attend the delivery if they are asymptomatic and if, according to the assessment of the attending physician, the risk factors are low (e.g. epidemiology of the region they arrived from, type of work, etc.). The person should</p>	<p>1 DSP</p> <p>If the person accompanying the obstetrics patient comes from / arrives from outside the province, they can attend the delivery if they are asymptomatic and if, according to the assessment of the attending physician, the risk factors are low (e.g. epidemiology of the region they arrived from, type of work, etc.). The person should</p>	<p>Up to 2 DSPs, 2 present at a time – if the 2nd person is the Doula and if physical space permits.</p> <p>If the person accompanying the obstetrics patient comes from / arrives from outside the province, they can attend the delivery if they are asymptomatic and if, according to the assessment of the attending physician, the risk factors are low (e.g. epidemiology of the region they arrived from, type of work,</p>

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	perform hand hygiene at the entrance, wear a medical mask and go directly to the delivery room with an escort. The patient and the accompanying person must be placed in isolation (droplet/contact) for the duration of the stay (or a maximum of 14 days). The accompanying person must wear a mask at all times and stay in the room and not circulate in the hospital.	perform hand hygiene at the entrance, wear a medical mask and go directly to the delivery room with an escort. The patient and the accompanying person must be placed in isolation (droplet/contact) for the duration of the stay (or a maximum of 14 days). The accompanying person must wear a mask at all times and stay in the room and not circulate in the hospital.	perform hand hygiene at the entrance, wear a medical mask and go directly to the delivery room with an escort. The patient and the accompanying person must be placed in isolation (droplet/contact) for the duration of the stay (or a maximum of 14 days). The accompanying person must wear a mask at all times and stay in the room and not circulate in the hospital.	etc.). The person should perform hand hygiene at the entrance, wear a medical mask and go directly to the delivery room with an escort. The patient and the accompanying person must be placed in isolation (droplet/contact) for the duration of the stay (or a maximum of 14 days). The accompanying person must wear a mask at all times and stay in the room and not circulate in the hospital.
Post partum	1 DSP	1 DSP	Up to 2 DSPs, one present a time	Up to 2 DSPs, one present a time
Neonatal	Up to 2 DSPs, 2 present at a time – when physical space permits	Up to 2 DSPs, 2 present at a time – when physical space permits	Up to 2 DSPs, 2 present at a time – when physical space permits	Up to 2 DSPs, 2 present at a time – when physical space permits
Pediatrics / pediatric psychiatry	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 2 present at a time – when physical space permits
Hospitalized patients 14 days or more	DSP not permitted	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time
Patients with intellectual/communication disabilities (e.g. cognitive impairment leading to agitation and inability to comfort, communication impairment that affects care)	1 DSP	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time	Up to 2 DSPs, 1 present at a time
Support for emergency and ambulatory services	ONE SUPPORT PERSON is permitted only in exceptional situations if the patient requires essential assistance (for ex.: intellectual impairment, minor).	ONE SUPPORT PERSON is permitted only in exceptional situations if the patient requires essential assistance (for ex.: intellectual impairment, minor).	ONE support person permitted ONLY for patients requiring physical or emotional support or assistance with decision making or communication.	ONE support person permitted ONLY for patients requiring physical or emotional support or assistance with decision making or communication.

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			Only ONE support person is permitted for pediatric patients (parent or caregiver). Pregnant women who have an ultrasound exam may have ONE person to accompany them.	Only ONE support person is permitted for pediatric patients (parent or caregiver). Pregnant women who have an appointment at the obstetric clinic or an ultrasound exam may have ONE person to accompany them.
DSPs from outside the province or from a hot zone for patients in palliative or critical care	<p>The DSP must apply for an exemption to cross the inter-provincial border for compassionate (1-800-863-6582). (Link to provincial memo)</p> <p>Once approved to enter NB, the DSP must self-isolate for 14 days before visiting. If possible. If the patient is expected to die within 7-14 days, the DSP will be permitted to self-isolate for a minimum of 5 days and then be tested for COVID. The COVID test is coordinated by the physician and the healthcare team. If the day 5 test is negative, the DSP is allowed to visit provided they agree only to go to and from the place where they will self-isolate and the patient's room. The visits can continue after the day 5 negative test and if they do continue the DSP must have a COVID test at day 10 and provide the result.</p> <p>If the patient's death is imminent (within 5 days), the attending physician shall</p>	<p>The DSP must apply for an exemption to cross the inter-provincial border for compassionate (1-800-863-6582). (Link to provincial memo)</p> <p>Once approved to enter NB, the DSP must self-isolate for 14 days before visiting. If possible. If the patient is expected to die within 7-14 days, the DSP will be permitted to self-isolate for a minimum of 5 days and then be tested for COVID. The COVID test is coordinated by the physician and the healthcare team. If the day 5 test is negative, the DSP is allowed to visit provided they agree only to go to and from the place where they will self-isolate and the patient's room. The visits can continue after the day 5 negative test and if they do continue the DSP must have a COVID test at day 10 and provide the result.</p> <p>If the patient's death is imminent (within 5 days), the attending physician shall consult</p>	<p>The DSP must apply for an exemption to cross the inter-provincial border for compassionate (1-800-863-6582). (Link to provincial memo)</p> <p>Once approved to enter NB, the DSP must self-isolate for 14 days before visiting. If possible. If the patient is expected to die within 7-14 days, the DSP will be permitted to self-isolate for a minimum of 5 days and then be tested for COVID. The COVID test is coordinated by the physician and the healthcare team. If the day 5 test is negative, the DSP is allowed to visit provided they agree only to go to and from the place where they will self-isolate and the patient's room. The visits can continue after the day 5 negative test and if they do continue the DSP must have a COVID test at day 10 and provide the result.</p>	<p>The DSP must apply for an exemption to cross the inter-provincial border for compassionate (1-800-863-6582). (Link to provincial memo)</p> <p>Once approved to enter NB, the DSP must self-isolate for 14 days before visiting. If possible. If the patient is expected to die within 7-14 days, the DSP will be permitted to self-isolate for a minimum of 5 days and then be tested for COVID. The COVID test is coordinated by the physician and the healthcare team. If the day 5 test is negative, the DSP is allowed to visit provided they agree only to go to and from the place where they will self-isolate and the patient's room. The visits can continue after the day 5 negative test and if they do continue the DSP must have a COVID test at day 10 and provide the result.</p> <p>If the patient's death is imminent (within 5 days), the attending physician shall consult</p>

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	<p>consult with the microbiologist for a rapid test. The DSP will be permitted one visit in the 24 hours from the time a negative test result was obtained. The DSP will not be permitted to visit again before their negative day 5 test.</p> <p>The DSP must be escorted from the entrance and go directly to the patient's room. They must do hand hygiene on entry to the facility and wear a mask.</p> <p>PPE (droplet/contact) must be donned by the DSP just prior to entering the patient room and must be worn continuously during their visit. After the visit, the DSP must remove PPE, perform hand hygiene, put on a new mask, perform hand hygiene again and be escorted by a staff member to the exit. The staff member must wear PPE (contact / droplet) when escorting the DSP to the unit and back to the exit at the end of the visit. PPE worn by staff must be removed at the exit prior returning to the unit.</p> <p>Patient must be isolated (droplet/ contact) for 14 days even if the visitor's test results (days 5 and 10) are negative. No other visitor should be present at the same time as the DSP</p>	<p>with the microbiologist for a rapid test. The DSP will be permitted one visit in the 24 hours from the time a negative test result was obtained. The DSP will not be permitted to visit again before their negative day 5 test.</p> <p>The DSP must be escorted from the entrance and go directly to the patient's room. They must do hand hygiene on entry to the facility and wear a mask.</p> <p>PPE (droplet/contact) must be donned by the DSP just prior to entering the patient room and must be worn continuously during their visit. After the visit, the DSP must remove PPE, perform hand hygiene, put on a new mask, perform hand hygiene again and be escorted by a staff member to the exit. The staff member must wear PPE (contact / droplet) when escorting the DSP to the unit and back to the exit at the end of the visit. PPE worn by staff must be removed at the exit prior returning to the unit.</p> <p>Patient must be isolated (droplet/ contact) for 14 days even if the visitor's test results (days 5 and 10) are negative. No other visitor should be present at the same time as the DSP</p>	<p>If the patient's death is imminent (within 5 days), the attending physician shall consult with the microbiologist for a rapid test. The DSP will be permitted one visit in the 24 hours from the time a negative test result was obtained. The DSP will not be permitted to visit again before their negative day 5 test.</p> <p>The DSP must be escorted from the entrance and go directly to the patient's room. They must do hand hygiene on entry to the facility and wear a mask.</p> <p>PPE (droplet/contact) must be donned by the DSP just prior to entering the patient room and must be worn continuously during their visit. After the visit, the DSP must remove PPE, perform hand hygiene, put on a new mask, perform hand hygiene again and be escorted by a staff member to the exit. The staff member must wear PPE (contact / droplet) when escorting the DSP to the unit and back to the exit at the end of the visit. PPE worn by staff must be removed at the exit prior returning to the unit.</p> <p>Patient must be isolated (droplet/ contact) for 14 days</p>	<p>with the microbiologist for a rapid test. The DSP will be permitted one visit in the 24 hours from the time a negative test result was obtained. The DSP will not be permitted to visit again before their negative day 5 test.</p> <p>The DSP must be escorted from the entrance and go directly to the patient's room. They must do hand hygiene on entry to the facility and wear a mask.</p> <p>PPE (droplet/contact) must be donned by the DSP just prior to entering the patient room and must be worn continuously during their visit. After the visit, the DSP must remove PPE, perform hand hygiene, put on a new mask, perform hand hygiene again and be escorted by a staff member to the exit. The staff member must wear PPE (contact / droplet) when escorting the DSP to the unit and back to the exit at the end of the visit. PPE worn by staff must be removed at the exit prior returning to the unit.</p> <p>Patient must be isolated (droplet/ contact) for 14 days even if the visitor's test results (days 5 and 10) are negative. No other visitor should be present at the same time as the DSP</p>

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	from outside the province or a hot zone. No visits allowed for suspected or COVID positive patients.	from outside the province or a hot zone. No visits allowed for suspected or COVID positive patients.	even if the visitor's test results (days 5 and 10) are negative. No other visitor should be present at the same time as the DSP from outside the province or a hot zone. No visits allowed for suspected or COVID positive patients.	from outside the province or a hot zone. No visits allowed for suspected or COVID positive patients.
NON COVID patients * on the designated COVID unit *Patient from one of the patient groups that can have a DSP	DSP not permitted	Depending on the number of COVID positive patients on the unit (if 1 to 2 patients) and the situation on the unit (case-by-case assessment): 1 DSP only for the patient groups targeted above. The DSP must perform hand hygiene at the entrance to the hospital and wear a mask. They must go to the nursing station and get directions before going to the room (go only to the NON COVID patient's room, keep physical distance and perform hand hygiene when leaving the unit). No visits permitted for patients suspected or confirmed COVID+.	Depending on the number of COVID positive patients on the unit (if 1 to 2 patients) and the situation on the unit (case-by-case assessment): 1 DSP only for the patient groups targeted above. The DSP must perform hand hygiene at the entrance to the hospital and wear a mask. They must go to the nursing station and get directions before going to the room (go only to the NON COVID patient's room, keep physical distance and perform hand hygiene when leaving the unit). No visits permitted for patients suspected or confirmed COVID+.	Depending on the number of COVID positive patients on the unit (if 1 to 2 patients) and the situation on the unit (case-by-case assessment): 1 DSP only for the patient groups targeted above. The DSP must perform hand hygiene at the entrance to the hospital and wear a mask. They must go to the nursing station and get directions before going to the room (go only to the NON COVID patient's room, keep physical distance and perform hand hygiene when leaving the unit). No visits permitted for patients suspected or confirmed COVID+.
Visit to a patient who is transferred from a hot zone (red orange) to a cold zone (orange/yellow)			1 DSP only for the patient groups targeted above that can have a DSP, if the patient has no risk factors (e.g., has no symptoms, did not arrive from a facility in an outbreak, has not been in contact with a COVID+ case, has not been placed in isolation by Public	1 DSP only for the patient groups targeted above that can have a DSP, if the patient has no risk factors (e.g., has no symptoms, did not arrive from a facility in an outbreak, has not been in contact with a COVID+ case, has not been placed in isolation by Public Health).

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			Health). Patient is placed in preventative isolation and the DSP must perform hand hygiene and wear the mask as soon as they enter the facility and must wear PPE (droplet/contact) throughout the visit.	Patient is placed in preventative isolation and the DSP must perform hand hygiene and wear the mask as soon as they enter the facility and must wear PPE (droplet/contact) throughout the visit.
Self-monitoring	The DSP must perform a self-assessment at home before each visit and pass the screening questions at the main entrance.	The DSP must perform a self-assessment at home before each visit and pass the screening questions at the main entrance.	The DSP must perform a self-assessment at home before each visit and pass the screening questions at the main entrance.	The DSP must perform a self-assessment at home before each visit and pass the screening questions at the main entrance.
Masks	Must wear a medical mask at all times.	Must wear a medical mask at all times.	Must wear a medical mask at all times.	Must wear a medical mask at all times.
Exchange of clothing, personal effects and food	Not allowed, except through DSP. Object must not be shared between patients.	Not allowed, except through DSP. Object must not be shared between patients.	Allowed through the DSP or dropped off at the facility by a family member. Must be limited to essential items. The drop off must be coordinated with the unit. Items must come from a home where no occupants are in self-isolation and the items must be easily cleaned with a disinfectant wipe. Clothing should be freshly washed and placed in a plastic bag that can be cleaned. Objects must not be shared between patients.	Permitted but must come from a home where no occupants are in self-isolation. Must be cleaned with a disinfectant wipe. Objects must not be shared between patients.
Use of kitchenettes by DSP	Access to kitchenettes <u>only permitted</u> on palliative and pediatric units.	Access to kitchenettes <u>only permitted</u> on palliative and pediatric units.	Access to kitchenettes <u>only permitted</u> on palliative and pediatric units.	Access to kitchenettes <u>only permitted</u> on palliative and pediatric units.

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GENERAL VISITORS				
General visitors	Visits prohibited	Visits prohibited	Visits prohibited	1 person permitted at a time during general visiting hours (either a visitor or a DSP) . <u>Patients admitted to the Emergency or under observation</u> may have one visitor at a time during visiting hours. A support person may be present outside visiting hours, if the patient needs physical, emotional support or needs help with decision-making or communication. Must wear a medical mask at all times and maintain physical distancing.
Children	Children are not allowed to visit, except when in the Yellow Phase. Children must be 12 years of age and older and be accompanied. For end-of-life/critical condition patients, requests for exceptions to this restriction must be reviewed and approved on a case-by-case basis. If visiting permission is granted, children must be accompanied and measures taken to ensure compliance with infection prevention and control requirements (hand hygiene, mask, etc.).			