Psychiatry Unit Zone 1, 5 and 6 : Clinical pathway for admitted patients during the COVID-19 pandemic

Patient admitted to the Psychiatry Unit
During the COVID-19 pandemic

Nursing care: **Daily assessment of clinical symptoms of COVID-19 :** Check symptoms according to RC-196 form: COVID-19 – screening tool – admitted patients (Fever-chills (> 38) or recent history of fever/chills, cough, runny nose, nasal congestion, headaches, shortness of breath and sore throat)

Does patient have symptoms related to COVID-19?

YES

NO

1. Place in isolation in identified room at the Psychiatry Unit
2. Use PPE (droplets/contact) for any interaction with the patient (gown, gloves, blue surgical mask and goggles).
3. Notify on-call/attending psychiatrist.
4. Notify manager/supervisor.
5. Complete the RC-196 form: COVID-19 – screening tool –admitted patients
6. Perform swab test, complete the Meditech requisition and bring to laboratory *zone 5 –turn to mobile testing team

➢ **The patient is kept in isolation until testing results are obtained**

Results by swab testing?

Results: COVID-19 POSITIVE
Patient transferred to designated COVID Unit at regional hospital

Results : NEGATIVE
Patient stays at Unit

Check with physician to see if other testing (e.g. influenza) is required?

YES: follow standard additional precautions

NO : cease isolation

Transport of patient with confirmed COVID-19 to COVID-19 Unit (minimum 2 people)

- The receiving sector must be informed of precautions that need to be taken and of patient's arrival;
- A clean sheet or blanket must cover the stretcher and the patient;
- The patient must perform hand hygiene before leaving the room, if possible;
- The patient must wear a procedure mask. If the patient requires oxygen and cannot wear a procedure mask, oxygen is administered using an oxygen mask with HEPA filter;
- Health care workers responsible for the patient's transport must wear the appropriate PPE (face shield, surgical/procedure mask, gown and gloves);
- **No other person is allowed in the elevator unless they are wearing appropriate PPE;**
- After the patient leaves, staff must make arrangements with housekeeping to have the room cleaned and disinfected;
- When patient arrives in room, staff must clean and disinfect the stretcher/wheelchair before removing it from the unit.

Patient admitted to designated COVID Unit under care of physician of COVID Unit

Patient discharged from designated COVID Unit

Patient calm and cooperative → Consultation service of psychiatric nursing care

Patient unstable from a psychiatric standpoint/agitated/ uncooperative

Assessment of need for nursing care staff at Psychiatry Unit to work in collaboration with staff of the designated COVID Unit

Psychiatrist in ongoing consultation during the patient's stay at COVID Unit

Patient discharged from Psychiatry

PERMANENT DISCHARGE

Patient transferred to Psychiatry Unit

Updated on April 20, 2020